

Category, Priority and Referral	Category	Priority	Referral
	PREGNANT WOMEN	1, 2, or 4*	-
	BREASTFEEDING WOMEN	1, 2, or 4*	
		*Must be the same priority as at-risk infant.	
Definition	A breastfeeding woman whose breastfed infant has been determined to be at nutritional risk.		
Required Documentation	The infant's nutrition risk must be documented on the mother's certification record.		
Justification	A breastfed infant is dependent on the mother's milk as the primary source of nutrition. Special attention should therefore be given to the health and nutritional status of the mother (5). Lactation requires an additional approximately 500 Kcal per day as increased protein, calcium, and other vitamins and minerals (3,1). Inadequate maternal nutrition may result in decreased nutrient content of the milk (1).		
References	<ol style="list-style-type: none">1. Institute of Medicine. Nutrition During Lactation. National Academy Press, Washington, D.C.; 1991.2. Lawrence RA. Breastfeeding a guide for the medical profession. St. Louis: Mosby, 1994.3. National Research Council (U.S.), Subcommittee on the Tenth Edition of the RDAs, National Institutes of Health, Committee on Dietary Allowances. Recommended dietary allowances. Washington, D.C.: National Academy Press, 1989.4. WIC Program Regulations, Sect. 246.7(e)(1)(iii).5. Worthington-Roberts BS, Williams SR. Nutrition in Pregnancy and Lactation. St. Louis: Mosby, 1993.		

